



## FAQs – Halo Hybrid Fractional Laser Resurfacing

What is the procedure used for?

- Halo is best suited for patients who want to achieve the results of an ablative fractional laser but cannot afford the downtime associated with the standard non-hybrid ablative lasers. Halo combines benefits of non-ablative and ablative laser technologies leading to improvement in fine lines/wrinkles, pigment, pores, and irregular texture with a relatively easy recovery. Patients report that their skin seems to “glow” after treatment. Areas often treated include the face, neck, and chest.

What changes can I expect right after treatment?

- Redness, mild swelling, mild crusting

When will I be completely healed?

- Average of 5 days to resolve any mild peeling and crusting

How many treatments are recommended? How far apart?

- 3-4 Treatments, 1 month apart

How painful is treatment?

- Pain: 5-6/10. Pain usually subsides quickly within a few hours. Most patients elect for oral pain medicine and anxiolytic (Ativan) taken one hour before treatment, making it well-tolerated; but you must have a driver to take you home. Anesthetic nerve blocks are sometimes administered by your doctor first to sensitive areas such as around the mouth (dental block).

How long does the treatment last?

- 1 to 1.5 hours

When can I expect to see the **full** results?

- 2-3 months after final treatment; many patients note significant improvement after 1 treatment.