



FAQs – Non-ablative Fractionated resurfacing (LaseMD Thulium, Erbium 1540 XF,XD)

What is the procedure used for?

- Non-ablative fractional resurfacing is a **low-downtime** rejuvenation procedure for improvement of pigment, fine lines, and texture. Ideal for patients with minimal time for recovery and early changes of facial aging and sun damage. 1540 XF and XD can also help reduce the appearance of stretchmarks. Treatment areas: face, neck, chest, arms, legs

What changes can I expect right after treatment?

- Mild to moderate redness and swelling followed by mild sandpaper-like texture for 2-3 days.

When will I be completely healed?

- Most patients recover fully in 2-4 days

How many treatments are recommended? How far apart?

- Palomar 1540 XF and XD: 4-5 treatments, spaced 1 month apart
- LaseMD Thulium: 2-3 treatments, spaced 1 month apart

How painful is treatment?

- Pain 4/10. We recommend ibuprofen or Tylenol and application of topical numbing cream one hour before the procedure for comfort.

How long does the treatment last?

- Full face: 20-30 minutes

When can I expect to see the full results?

- 1-2 months after last treatment. Improvement usually first noted after 2nd or 3rd treatment.