



## FAQs – Fully ablative Erbium resurfacing

What is the procedure used for?

- This is the most aggressive and effective resurfacing offered for moderate to severe wrinkles and texture changes and acne scarring on the face. Especially effective for lines around the eyes and the vertical lines on the upper and lower lips.

What changes can I expect right after treatment?

- Swelling, crusting, oozing, discomfort for 4-5 days
- Redness, peeling, mild crusting for 8-12 days
- Residual pink color changes up to 3-4 months that can be covered by makeup once crusting has resolved.

When will I be completely healed?

- At 2 weeks makeup can be applied to cover any residual redness. Social engagements not recommended for at least 14 days after treatment.

How many treatments are recommended? How far apart?

- 1-2 treatments depending on severity of surface wrinkles and texture, spaced 3-4 months apart.

How painful is treatment?

- Pain 8/10. Most patients elect for oral pain medicine and anxiolytic (Ativan) taken one hour before treatment – this makes the treatment comfortable for most patients; but you must have a driver to take you home. Nerve blocks are often administered by your doctor to sensitive areas such as around the mouth.

How long does the treatment take?

- Expect to be in the office for around 2 hours, but the actual treatment time averages 1 hour for a full face treatment, and shorter if only focal areas are treated like around the mouth.

When can I expect to see the full results?

- The full result of collagen building and wrinkle reduction takes 3-4 months.

What is the cost?

- Full face is \$4000 per treatment; and less for smaller focal areas.