



## **FAQs – Erbium microlaser peel (MLP)**

What is the procedure used for?

- Microlaser peels provide the effects of a moderate to deep chemical peel but with a more controlled, even, and consistent result. Used to even out skin-tone and improve texture on the face, neck, chest, and back of the hands. It is often combined with intense-pulsed-light (IPL) for an improved overall result (also know as the “Arctic Peel”)

What changes can I expect right after treatment?

- White appearance of the skin right after treatment sometimes lasting several hours, followed by moderate to intense redness for 2-3 days, followed by tightness, darkening, and finally peeling of the skin over the course of about 1 week.

When will I be completely healed?

- At 1 week most patients will have only mild scattered redness which can be covered with makeup. Social engagements are not recommended for at least 1 week after treatment.

How many treatments are recommended? How far apart?

- 2-3 treatments, spaced 1 month apart

How painful is treatment?

- Pain 5/10. We recommend ibuprofen or Tylenol and application of topical numbing cream one hour before the procedure for comfort.

How long does the treatment last?

- 15-30 minutes depending.

When can I expect to see the full results?

- Within 1 week